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TOP

Picking a physician is no easy task.
Luckily, we've done the homework.

BY THE EDITORS

DOCS

Shopping for a doctor can be just as overwhelming as shopping for a home or a car—but, of course, the stakes are much higher. Think about some of the most intimate aspects of your life—weight, mental health, aging—and you will realize that doctors are the rare few with whom we share this information. This requires enormous trust that is earned through credibility and chemistry. To help you with this daunting and critical task, we've put together this list of the Bay Area's top doctors, representing diverse fields. But first, how was this list put together?

First, doctors do not and cannot pay to be selected and profiled on this list. The list is compiled by Castle Connolly Medical Ltd., a health care research and information company founded in 1992 by a former medical college board chairman and president to help guide consumers to America's top doctors and top hospitals. Castle Connolly's established nomination survey, research, screening and selection process, under the direction of an MD, involves hundreds of thousands of physicians, as well as academic medical centers, specialty hospitals, and regional and community hospitals all across the nation. Castle Connolly's physician-led team of researchers follows a rigorous screening process to select top doctors on both the national and regional levels. Its online nominations process—located at castleconnolly.com/nominations—is open to all licensed physicians in America who are able to nominate physicians in any medical specialty and in any part of the country, as well as indicate whether the nominated physician is, in their own opinion, among the best in their region in their medical specialty or among the best in the nation in their medical specialty. Careful screening of doctors' educational and professional experience is essential before final selection is made among those physicians most highly regarded by their peers.

The result: A list of the top doctors designed to help you find the best fit for your unique medical needs.